How to Change the Height of Your Bed

You will need:

- Rubber mallet
- One friend

1. Take the mattress off your bed.

2. To loosen the bed platform from the headboards take the rubber mallet and tap up, under each corner of the bed platform where it is attached to the bed post.

3. Repeat #2 to work all four corners loose.

4. When corners are loose, with your friend at one end of bed and you at the other end, place your hands on bed platform in between the posts, lift and release bed platform hook plate from headboard channel pin.

5. Determine rung height desired and place hook plate into headboard channel one side at a time. It helps to tilt headboard at slight angle to ease each hook plate into desired channel pin.

6. With rubber mallet tap each corner of bed frame into “locked position”.

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